

# CRAFFT<sup>®</sup> RISK ASSESSMENT



To be orally administered by the clinician

## Part A

**Begin: "I am going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential."**

During the past 12 months, on how many days did you:

1. Drink more than a few sips of beer, wine, or any drink containing alcohol? Put "0" if none. \_\_\_ days
2. Use marijuana (weed, oil, or hash by smoking, vaping, or in food) or "synthetic marijuana" (like "K2" or "Spice")? Put "0" if none. \_\_\_ days
3. Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff, huff, or vape)? Put "0" if none. \_\_\_ days

**Did the patient answer "0" to all questions in Part A?**

**If yes, ask the C question only, then stop. If no, ask all six CRAFFT questions below:**

## Part B

- |   |    |     |
|---|----|-----|
| <b>C</b> Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using drugs? | No | Yes |
| <b>R</b> Do you use alcohol or drugs to RELAX, feel better about yourself, or fit in?                                 | No | Yes |
| <b>A</b> Do you ever use alcohol or drugs while you are ALONE?  | No | Yes |
| <b>F</b> Do you ever FORGET things you did while using alcohol or drugs?  | No | Yes |
| <b>F</b> Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?               | No | Yes |
| <b>T</b> Have you ever gotten into TROUBLE while you were using alcohol or drugs?                                     | No | Yes |

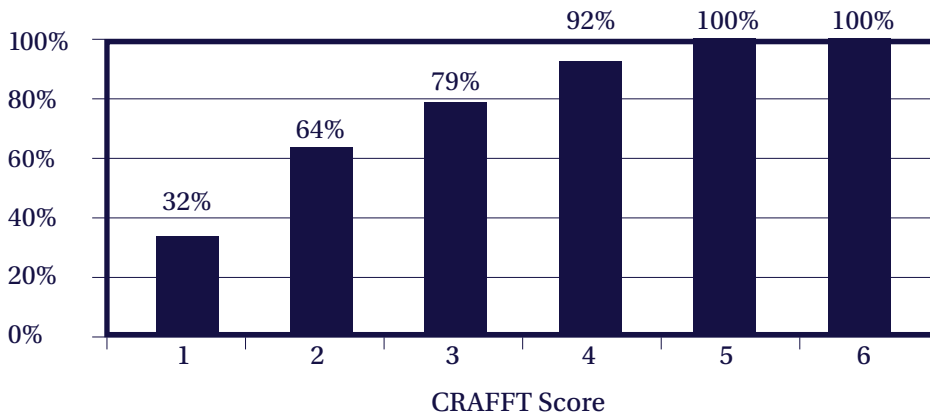
**TWO OR MORE "YES" ANSWERS SUGGEST A SERIOUS PROBLEM AND NEED FOR FURTHER ASSESSMENT.**

NOTICE TO CLINIC STAFF AND MEDICAL RECORDS: The information on this page is protected by special federal confidentiality rules (42 CFR Part 2), which prohibit disclosure of this information unless authorized by specific written consent. A general authorization for release of medical information is not sufficient.

**SEE BACK FOR FURTHER INSTRUCTIONS**

**Show your patient his or her score on this graph and discuss the level of risk for substance use disorder.**

**Percent with a DSM-5 Substance Use Disorder by CRAFFT Score\***



\* Data source: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O’Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a reevaluation and reexamination. *Substance Abuse*, 35 (4), 376-80.

**Use these talking points for brief counseling:**

**1. Review screening results**

For each “yes” response: “Can you tell me more about that?”

**2. Recommend not to use**

“As your doctor (nurse, health care provider), my recommendation is to not use any alcohol, marijuana, or other drug, because they can: 1) Harm your developing brain; 2) Interfere with learning and memory, and 3) Put you in embarrassing or dangerous situations.”

**3. Riding/driving risk counseling**

“Motor vehicle crashes are the leading cause of death for young people. I give all my patients the Contract for Life. Please take it home and discuss it with your parents or guardians to create a plan for safe rides home.”

**4. Responses elicit self-motivational statements**

Non-users: “If someone asked you why you don’t drink or use drugs, what would you say?”

Users: “What would be some of the benefits of not using?”

**5. Reinforce self-efficacy**

“I believe you have what it takes to keep alcohol and drugs from getting in the way of achieving your goals.”

**Give patient Contract for Life. Available at <https://ceasar.childrenshospital.org/contract-for-life/>.**

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