

2014 Tree of Life



The community is encouraged to gather family and friends to celebrate the season as Samaritan presents five Tree of Life ceremonies throughout communities in Burlington, Gloucester, Camden and Mercer counties.

Anyone in the community may dedicate a light on the tree in memory of someone who has passed on or in honor of someone special in their life.

Ceremonies

- **West Deptford:** Dec. 1 at 7 p.m.
- **Moorestown:** Dec. 2 at 7 p.m.
- **Hamilton (Mercer County):** Dec. 4 at 6 p.m.
- **Medford:** Dec. 9 at 7 p.m.
- **Collingswood (Indoors):** Dec. 10 at 7 p.m.

Proceeds from voluntary donations benefit the patients, families and programs of Samaritan Healthcare & Hospice.

For event locations or to make a dedication, please visit SamaritanNJ.org/Tree-of-Life.

A Caring Community



From left: Camp Hilltop Assistant Director Stephanie Zinn, Cody, Abby, and VP of Marketing & Public Affairs Joanne Rosen

Campers from **Hilltop Camp** – one of the JCC Camps At Medford – took part in a Mitzvah (service) project for Samaritan's patients and families. 280 children created unique coasters, placemats, and picture frames sure to bring a smile to those receiving them. Hilltop Assistant Director Stephanie Zinn, accompanied by her children Cody and Abby, delivered an abundance of gifts. When asked what Samaritan could possibly give them back for their generous service, Cody immediately said, "Happy patients!"



5 Eves Drive, Suite 300
Marlton, NJ 08053



From left: Foundation Volunteer Lisa Bien, Samaritan Volunteer Services Manager Sally Cezo, Samaritan President/CEO Mary Ann Boccolini and Foundation President Susan Rose.

Thank you to **The Lauren Rose Albert Foundation** for these "Mothers Matter" gift bags filled with make up, shampoos, soaps, and body washes for our patient caregivers.



From left: Diocese of Trenton – Pastoral Care Department Director Deanna Sass, St. John of God Brother Thomas Osorio, OH, and Samaritan Chaplain Anne Butts.

Thank you to the Diocese of Trenton for supporting Samaritan's annual Via Lucis workshop. Via Lucis is Samaritan's Ministry for Catholic Patients and Families.



What is Music Therapy?

By definition, music therapy is the clinical and evidence-based use of music by a board-certified music therapist (MT-BC) to meet individuals' physical, emotional, and spiritual needs. In practice, music therapy has been shown to accomplish a number of goals in the hospice and palliative care setting, including:

- Pain management
- Anxiety reduction
- Expression of emotions (verbally and non-verbally)
- Increasing feelings of meaning and purpose
- Increasing feelings of closeness, acceptance, and intimacy
- Resolving family conflict and relational stress
- Increasing self-esteem/self-acceptance
- Increasing perceived quality of life
- Gaining a sense of spiritual support

Music therapy at Samaritan weaves together each patient/family's individual goals and objectives with their unique personal music history and preferences, designing a course of therapy which utilizes primarily live music as well as receptive/listening-based interventions during music therapy sessions. Music therapy experiences may include any of the following:

- Music-assisted relaxation
- Song lyric analysis
- Guided imagery
- Instrumental improvisation and accompanying
- Creating song-based life review or music legacy CD's
- Improvised singing

For a complete list of goals and experiences, please visit SamaritanNJ.org/Hospice-Music-Therapy.

The services of Samaritan's music therapists are not required or covered by Medicare, Medicaid, and many private insurers. This therapeutic program is made possible by generous donations to Samaritan. If you'd like to support our music therapy program, please visit SamaritanNJ.org/Donate-Now.

HELPING HANDS

And the Memories Play On



Adolph Vautier, Jr. leans back and closes his eyes in sheer relaxation and enjoyment as he plays the bongos aided by Samaritan Music Therapist Intern Laura Mullan.

Samaritan music therapist Laura Mullan helped Bud and his family share stories, laughter, and tears—and create the gift of legacy with a CD of musical memories.

On one visit, Laura arrived to find Bud tapping his hand on his bed. She asked "You playin' the drums?" He responded, "Why? You have any?"

It's hard to be sad when you're belting out Broadway show tunes! That's just one of the many benefits 82-year-old Adolph Vautier, Jr. and his family realized when his Samaritan hospice social worker Tammy Frake, LSW, discovered his lifelong love of music and requested music therapy visits for him.

As a matter of fact, she did!

Laura retrieved a set of bongos from her car. As she began to sing old campfire songs, Bud kept beat with the drums.

Adolph – known affectionately as Uncle Bud to his niece and caregiver Stephanie Latshaw – bonded immediately with Samaritan Music Therapist intern Laura Mullan. Laura remembers, "Bud struggled with depression and sadness, but I did not see that once during our visits. During our first session, he was smiling and laughing. We sang a few of his favorite songs like "Bicycle Built for Two" and "Some Enchanted Evening."

One of Stephanie's favorite memories occurred when Uncle Bud told a story from his youth. A budding pianist, he would sneak in and practice at his church – one of the few places that had a piano. One day, the church's pastor caught him playing the stirring melody of *Ava Maria*. Fearing a reprimand, Bud was surprised as the pastor began to sing along. As Bud sentimentally relived his story, Stephanie's eyes filled with tears when Laura spontaneously underscored his words with the familiar strains of *Ava Maria*.

During each succeeding visit, Bud spoke about the happiness music had brought him over the years and the memories that certain songs recalled. "His spirit would always be more upbeat singing," notes Stephanie. "He especially loved Broadway tunes." Through these visits, Stephanie learned so much about her uncle. "He played seven instruments – piano, clarinet, saxophone, the organ, and more!"

At Laura's last visit, she presented Bud with a CD she had recorded during one of their sessions. The CD included Laura and Bud singing a playlist of some of his favorites such as Elvis Presley's "Can't Help Falling in Love," Judy Garland's "Good Ol' Summertime," "Do Re Mi" from the Sound of Music and more.

Home Improvements Inpatient Hospice Center Renovation



Since its opening in 2005, the Samaritan Inpatient Hospice Center in Mount Holly has offered a comfortable, homelike setting for patients whose pain or symptoms require care best provided in a continuously supervised inpatient setting.

Recently completed renovations enhance the home-like experience. Patients and families will now receive care in one of 12 private rooms instead of the previous eight private and two semi-private rooms.

For information on how you can support this and other facilities projects on the horizon, contact Chris Rollins at 856-552-3287 or chris.rollins@SamaritanHealthcareNJ.org.



A Few of Our Inpatient Hospice Center Team
From left: Supervisor Traci Minard, RN; Home Health Aide Ruth Tapia; Ira Smith, MD; Manager Terri Goldfine, RN; Home Health Aide David Adebisi.

New private room

Coping with the Holidays

FREE GRIEF SUPPORT WORKSHOPS

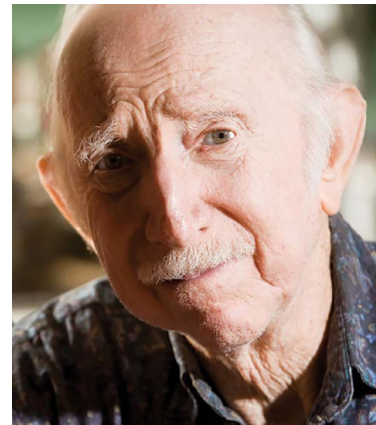
For most people, the holidays are a festive time of year. But, for those facing the holidays after the loss of a loved one, the season can often be lonely, depressing, and difficult to handle.

Holidays or not, it is important for the bereaved to find a way to take care of themselves. You're invited to join us at one of these free workshops to learn tips about how to deal with the holidays.

NOVEMBER

- November 20 @ 11:00am
- November 20 @ 6:00pm

Coping with the Holidays is free, but registration is required. Locations vary. For more information please call (856) 596-8550 or visit SamaritanNJ.org/Support-Groups.



DECEMBER

- December 6 @ 10:00 am
- December 3 @ 6:00 pm
- December 13 @ 2:00 pm
- December 16 @ 6:00 pm
- December 20 @ 10:00 am

Play On (continued)

At his funeral, Stephanie played the CD ("which we'll treasure forever") as photos of Uncle Bud's life flashed on a screen. Laura's and Bud's voices filled the room, embracing his family and friends. During the last track, taken from the Broadway show *Oklahoma*, together they sing the song's hope-filled lyric:

*Oh what a beautiful morning,
Oh what a beautiful day,
I've got a wonderful feeling,
Everything's going my way.*

Samaritan's hospice care, says Stephanie, was a gift that "gave us the opportunity of granting Uncle Bud his final wish to be at home with his loved ones." And Samaritan's music therapy service – a totally donation-funded "extra" not covered by insurance – helped that time to be one of joy, discovery, and legacy. *Oh what a beautiful day!*

Special Moments of Gratitude – Samaritan Says Thank You

Samaritan welcomed Anita Brikman, Former 6abc Action News Health Reporter, and National Hospice and Palliative Care Organization Senior Vice President of Strategic Communication, to a special donor recognition event. Anita spoke about her professional and personal commitment to raise public awareness of hospice and palliative care through a new campaign entitled *Moments of Life Made Possible by Hospice*. (MomentsofLife.org)



From left: Paula Fairley with Samaritan President/CEO Mary Ann Boccolini



From left: Board Member Rhonda Cates with Joe and Marianne Aleardi of *SJ Magazine*

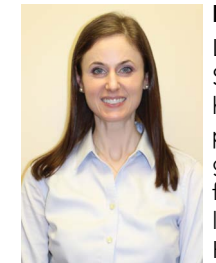


From left: Board Member Larry DiVietro, President/CEO of LandDimensions Engineering; President/CEO Mary Ann Boccolini, Board of Trustees Vice-Chair Mike Bozek, Treasurer of Oki Data Americas, Inc.; Anita Brikman, and Board Chair Liz Thomas of Thomas Boyd Communications.

In Your Words

"Our nurse's kindness, empathy, warmth and concern came through in her actions and words. She never rushed through the check-up or with explaining meds or procedures. She was compassionate and kind in her speech to dad..."
– Jim C.

Sixth Physician Joins Samaritan Team



Lori Kopperman, DO

Lori Kopperman, DO, Samaritan's sixth full-time hospice and palliative physician, joins Samaritan's growing team shortly after finishing a hospice and palliative fellowship at Jamaica Hospital Medical Center in

Jamaica, NY. She received her Doctorate of Osteopathic Medicine from Philadelphia College of Osteopathic Medicine, Georgia Campus, and completed an internship at UMDNJ – School of Osteopathic Medicine.

Dr. Kopperman will oversee hospice teams and serve as a liaison between Samaritan and the medical community collaborating with patients' personal physicians to provide comprehensive, coordinated care.

New Board Member



Jennifer Dubrow Weiss

CEO
Jewish Federation of Southern New Jersey

Jennifer Weiss has served the South Jersey Jewish community for more than

20 years. She began her career at Samost Jewish Family & Children's services as a social worker, progressing to the director of senior services, assistant executive director, and finally, the agency's executive director before accepting her newest role as CEO of the Jewish Federation of Southern New Jersey.

Jennifer is a longtime community advocate of increased access to end-of-life care, having co-founded Samaritan's Jewish Hospice program x years ago.

Year-End Planning Opportunities

Making the most of your charitable contributions

As another year winds down, it's the perfect time to consider how you might make the most of your charitable contributions.

Any contributions you make by December 31 are eligible for a charitable income-tax deduction on your 2014 tax return. When you itemize your tax deductions, gifts of cash may be used to eliminate federal income tax on up to 50% of your adjusted gross income. State income tax savings may also apply.

Giving appreciated securities is a particularly attractive and advantageous way to give, and can earn you even greater tax savings. If you've owned it for more than one year, a stock gift is generally eligible for a charitable deductible at current market value. When you gift a stock directly to a qualified charity, such as Samaritan, you owe no tax on the capital gain that would otherwise result from your selling the stock.

The end of another tax year also presents a perfect opportunity to review your will and estate plan. Have any life events such as marriage, birth of heirs, inheritance, sale or purchase of significant assets – or any other changes in the value of your estate – taken place since you last revised your will?



Might other estate planning strategies – trust arrangements, charitable gift annuities, gifts of life insurance or real property – make sense for you and your family? As always, we recommend consulting your trusted financial advisor.

To learn more about these and other year-end giving opportunities – including the potential advantages of charitable estate planning, gifts of stock, trusts, and annuities – please contact Samaritan Chief Development Officer Chris Rollins, CFRE at (856) 552-3287.