



5 Eves Drive, Suite 300
Marlton, NJ 08053

Opening soon!
The Samaritan Center at Voorhees
More information inside.

Remember Your Loved Ones

Join us at one of five Tree of Life ceremonies and other upcoming events. More information inside and at SamaritanNJ.org.

Hands-On Honor and Support



Russell Giberson, surrounded by his Samaritan hospice team, proudly wears his military service recognition medal presented by the Gloucester County Office of Veterans Affairs at a ceremony organized by the team for his 11 years, 11 months and 26 days of Army service during the Vietnam war.

To read more about Russell's special day, go to SamaritanNJ.org and click on *Blog*.

From left: Dana Watson, massage therapist; Annmarie Olivieri, RN; Marian Mitchell, spiritual support counselor; Tracy Bishop, social worker; Barbara Ridinger, RN; and Rose Jones, certified home health aide.



HELPING HANDS

How Samaritan Spiritual Support Counselors Help Patients & Families

Spiritual support counselors are an integral part of the team of medical professionals who provide comfort, support, and dignity to patients and their families dealing with serious illness at the end of life.

Support from a spiritual and emotional perspective is a key part of the hospice care philosophy, which is intended to encompass care for the whole person.

A Samaritan hospice chaplain can help:

- Encourage meaningful life review
- Explore spiritual concerns
- Provide a safe space for doubt
- Make sense out of life's changes
- Address anger and fears
- Reconcile feelings of guilt, sorrow, remorse, and regret
- Recover a sense of worth and dignity
- Discover sources of hope
- Reconnect you to people you value
- Discuss the afterlife
- Strengthen life and hope with prayer and meditation
- Mediate religious differences within a family
- Plan and lead funeral or memorial services
- Establish or maintain contact with a faith community or clergy member
- Consult on ethical dilemmas
- Support in crisis situation or time of death



(From left) Spiritual Support Counselors Betty Warner, Rabbi Annette Koch, and Marie Mitarotondo review inspirational music available for patients. Other spiritual support team members not pictured: Anne Butts, Marian Mitchell, Joseph Milone, and Roland Phifer.



(From left) Jonathan Miller, Zhane' Gaines, Colin Wagner, and Bryce Wagner of Samaritan's 93-member SamariTeens volunteer group with Samaritan Youth Coordinator Sharon Wenner display their handiwork of clay hearts and flags for our patients and families.

Helping Hands, Healing Hearts

Samaritan's spiritual support counselors comfort family members with short prayers, sympathetic touches, and a supportive presence. "But sometimes, such as at the moment of death," says Chaplain Betty Warner, MS, BCC, "you just don't know what words are the right ones to console grieving family members when their loved one is touching eternity."

It's times like these when she offers a special memento – a small clay heart that's just the right size to nestle in the palm of a hand. "Symbols take away the need for words," she explains. She often encourages those present to choose the heart that speaks most to them from a fabric pouch she carries, "A heart is such a universal symbol, and yet, so personal."

Our spiritual support counselors and social workers also use these unique works of art with patients who are especially anxious or grieving. Betty says, "We encourage them to hold it tightly and use it as a worry stone, letting the clay heart carry their worries and fears so that their hearts are lightened."

At memorial services, staff have asked each person attending to touch the hearts in a basket, "infusing them with their kind wishes and intentions," before they are presented to bereaved family members. The hearts have also provided uplifting emotional and spiritual "centering" for staff members in their caregiving, explains Betty.

These healing gifts, each one different in color and texture, are lovingly handcrafted by SamariTeens, a group of high-school volunteers moderated by Sharon Wenner, Samaritan's volunteer recruiter and youth volunteer coordinator.

The teens mix oven-bake clay colors, mold heart shapes, and lacquer each piece to

i carry your heart . . .
e.e. cummings

give it a shiny, finished look. At the chaplains' request, some hearts receive glued-on pin backs so they can be worn close to the recipient's heart.

Sharon says, "I tell them they are not just creating clay projects; they are helping to share love and healing from their hands to Samaritan's grieving hearts."

Betty agrees. "Our patients and families are so moved when they hear that these beautiful mementos are made by young Samaritan volunteers." Becoming visibly moved, she shares how touched she is each December when grateful families approach her at Samaritan's annual Tree of Life ceremonies and say, "I still carry my heart with me."

If you'd like more information about Samaritan's hospice or grief support services or volunteer opportunities for all ages, please visit SamaritanNJ.org.

The Next Level of Hospice Care

The Samaritan Center at Voorhees



South Jersey's First – and Only – Freestanding Inpatient Hospice Center

- Comfort, support, dignity
- For severe pain and symptom relief
- Short-term stays in a serene setting
- 18 private rooms
- Peaceful garden views
- Convenient Route 73 location

For more information on how you can contribute to this one-of-a-kind community resource, contact Chris Rollins at (856) 552-3287.

What is inpatient hospice care?



As we open **The Samaritan Center at Voorhees** many people have asked when is the inpatient level of hospice care most appropriate and how does it differ from in-home hospice care.

IN-HOME HOSPICE CARE

Hospice in any setting is the leading choice for comfort care for people with advanced illness. This care is most often provided where a person lives (home, assisted-living or nursing home community) when a physician feels that life expectancy is six months or less if the illness follows its normal course.

INPATIENT HOSPICE CARE

Sometimes, severe pain or other symptoms require an advanced level of round-the-clock care that is more effectively provided during a short stay in an inpatient hospice setting.

The goal is to bring severe pain and other symptoms under control so that a person, if possible, can return home to family.

Questions? Please call Samaritan at (800) 229-8183 and speak with our hospice nurses directly about your loved one's individual needs.

Successful Golf Tournament Benefits Patients



Golf Tournament Co-Chairs and Board Members (left) Roy Fazio, partner at The Protocol Group, and Cliff Mancine, vice president at Mancine Optical.

Samaritan's Annual Golf Tournament, sponsored by **The Richardson Family Dealerships**, welcomed 180 golfers to raise funds and awareness for Samaritan's not-for-profit services.

The tournament raised more than \$154,000 to help Samaritan provide care for community members dealing with serious illness.

"We are so grateful for the tremendous outpouring of support for this year's tournament," said Maryann Boccolini, Samaritan President and CEO.

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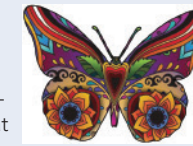
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Virtua

Upcoming Samaritan Events

#BEFOREiDIE Festival | Sunday, October 30 | 12:00 - 6:30 PM
Perkins Center for the Arts, Collingswood



Samaritan, the Courier-Post, and Perkins Center for the Arts are proud partners for this thought-provoking and fun event. Join us for an interactive afternoon of conversation, information, an award-winning documentary, art, poetry, music and more that allows you to dabble, or jump in, to end-of-life conversations at your own pace.

Grief Support Groups

Registration required at (856) 596-8550

Starting soon!

- Yoga through Loss
- Coping with The Holidays (Free)
- Grieving the Love of Your Life

2017 Gala



Saturday, February 11, 2017

The Crowne Plaza, Cherry Hill



Circle of Excellence Honoree
Liz Thomas,
Thomas/Boyd Communications



Guest Emcee
Rick Williams,
ABC6 Action News

Tree of Life Ceremonies



Tuesday, November 29 at 7:00 PM
Moorestown Friends School

Thursday, December 1 at 6:00 PM
Hamilton Senior Center (Mercer)

Monday, December 5 at 7:00 PM
West Deptford Municipal Building

Wednesday, December 7 at 7:00 PM
Medford Middle School

Tuesday, December 13 at 7:00 PM
Collingswood Senior Community Center

Now and at the Hour of our Death Annual Catholic Hospice Workshop

Film Screening & Panel Discussion
Consider the Conversation II

Join an engaging discussion on a taboo topic from a Catholic perspective

Friday, February 24, 2017
5:00 PM - 9:00 PM
Sacred Heart Parish, Mount Holly

Visit SamaritanNJ.org for more information on any of these events.

Is Your Financial Plan Up to Date?

The coming New Year offers the perfect opportunity to review your estate, retirement, and financial plans.

When was the last time you updated your will? Have any significant life events taken place since then: the birth of a child or grandchild, the death of a parent or spouse, marriage or divorce, inheritance, significant capital gains, or the purchase or sale of a home or business? Your estate plan may be out of date, no longer reflect your current situation, and not be able to help achieve your goals.

In addition to saving on taxes and transferring assets to heirs, your will and estate plan may be an ideal way to leave a legacy by supporting the charities that have meant the most to you. Now might be a good time to consult your trusted financial advisor to ensure that your plan still helps achieve your personal objectives.

The end of another tax year also offers other planning options. Remember that contributions made by December 31st are eligible for a charitable income-tax deduction on your 2016 tax return. Giving appreciated securities is a particularly attractive and advantageous way to give, and can earn even greater tax savings. If owned for more than one year, a stock gift is generally eligible for a charitable deductible at current market value. When gifted directly to a qualified charity, no tax is owed on the capital gain that would otherwise result from selling the stock.

Find free resources — including articles by the region's leading financial experts — on SamaritanNJ.org by clicking on *Giving*.

To learn more about these and other year-end giving opportunities, please contact Chris Rollins, CFRE, at CRollins@SamaritanNJ.org or (856) 552-3287.

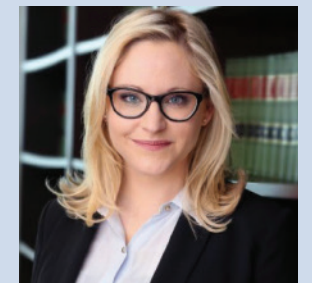
Thank you, Shirley!



Jim and Shirley Richardson at 2016 golf tournament

After nine years of service, Shirley Richardson, of The Richardson Family Dealerships will step down as a member of the Samaritan Board of Trustees. Samaritan is grateful for Shirley's dedicated service and her family's ongoing support as Presenting Sponsor of our annual golf tournament and for their legacy-making Capital Campaign gift to our new Samaritan Center at Voorhees.

New Board Members



Sarah M. Adelman
Vice President,

New Jersey Association of Health Plans



Kevin Hook, MA, MSN, CRNP

Vice President, Nursing Practice and Education
Genesis HealthCare



Nandini Natrajan, Ph.D.

Sr. Director, Science Operations
Keystone Foods